

CITY OF SHELBY

NOVEMBER 2016 NEWSLETTER

DEAR SHELBY RESIDENTS,

Fall has been very busy for the City of Shelby. Park winterization, drying sand for street sanding and winterization of our well field are just a few of the many tasks we do preparing for winter. The Shelby City Council on a 5 to 1 vote elected not to proceed with the storm drainage project. Our waste water treatment facility is operating at its capacity limits and it will soon be ours and the Montana DEQ's recommendation that no new sewage flows be allowed anywhere in our community. This will have a devastating effect on our community's ability to grow and expand. No new houses and no new businesses will be able to be constructed anywhere in our community. Nothing can be done that would increase sewage flows by any amount. Only the City Council can solve this problem and I look forward to their suggestions on how to quickly address this issue facing our community.

Sincerely,



Larry J. Bonderud
Mayor



SPECIAL POINTS OF INTEREST

- Snow Removal
- Dispose My Meds Program
- Toole County Community Health Improvement Plan
- Resource List
- Merchant News
- Christmas Village
- Chamber Update
- Ten Reasons to Shop Local

TOGETHER WE CAN MAKE A DIFFERENCE! The Toole County Combined Fund Drive serves to provide funding to twenty very deserving organizations throughout Toole County. Your generous support helps fund the following:

Shelby Girl Scouts ~ Shelby Swim Team ~ Sunburst Food Pantry & Emergency Fund ~ Toole County Youth Soccer ~ Sunburst Swim Team ~ Shelby Baseball Association ~ Hi-Line Help for Abused Spouses ~ Multiple Sclerosis Association ~ Arthritis Foundation ~ NTC Youth Program ~ Sagebrush Food Pantry ~ Toole County Crimestoppers ~ Toole County Friends of the Library ~ Sunburst Community Foundation ~ Boy Scouts of America ~ American Diabetes Association ~ Recycle Shelby ~ Prairie Oasis Animal Shelter ~ Relay for Life ~ Center for Mental Health

You, as a resident of Shelby and Toole County ARE THE TOOLE COUNTY COMBINED FUND DRIVE! It was organized by you~ composed by you ~ to serve you. It is guided by people you know and respect. By combining these twenty public appeals into one campaign, it makes the best use of resources, time and energy and provides a simple method to give to so many worthwhile organizations.

Please be looking for your campaign brochure coming the in the mail soon. Your generous support sustains and grows these vital community organizations. We hope you will thoughtfully consider your contribution and give generously to all or specific organizations within the campaign as....**TOGETHER WE CAN MAKE A DIFFERENCE!**

SNOW REMOVAL



Below you will find the City of Shelby sidewalk snow removal ordinance. To date, we have experienced several slip and falls due to ice and snow accumulations on sidewalks throughout the city. We note that only approximately 30% of the sidewalks in our community are being shoveled in compliance with our ordinance. Most of the slip and falls have been senior citizens and some of the injuries have been extensive.

We ask for everyone's cooperation in shoveling their sidewalks in compliance with our ordinance.

The City of Shelby will enforce the ordinance following the enforcement provisions as follows:

9-4-1 KEEPING SIDEWALKS CLEAR:

A. It shall be the duty of the owner of any premises within the limits of the municipality to keep the sidewalk of and abutting his premises clear of more than one inch of snow, any amount of snow pack, any amount of ice, any amount of slush, any amount of mud, and all other threats to safe foot travel and to prevent the accumulation of same.

B. A property owner shall have twenty-four hours after a snow storm ends to clear the sidewalk of snow greater in depth than one inch.

C. A property owner shall have twenty-four hours after snow pack, ice, slush, mud, or other threats to safe foot travel accumulate to remove the snow pack, ice, slush, mud, or threat.

D. In the event that snow or ice cannot be reasonably removed due to possible damage to the sidewalk or it is otherwise largely impractical to remove, the owner shall put on the sidewalk sand or other abrasive material in such an amount and manner to make foot traffic reasonably safe. The owner shall maintain that condition until weather permits the removal of the snow or ice.

9-4-2 FAILURE TO COMPLY: Upon the failure of the owner of any premises to keep the sidewalk abutting his property in compliance with 9-4-1, SMC, the City of Shelby shall have the right to remove such snow, snow pack, ice, slush, mud, and other threats to safe foot travel and assess the cost thereof against the property abutting the sidewalk.

9-4-3 NO NOTICE REQUIRED: The City of Shelby is not required to provide any notice to the owner of the premises abutting a sidewalk before it exercises its rights under 9-4-2, SMC.

DISPOSE MY MEDS PROGRAM



Not sure what to do with your expired or unused medications?

Each year in the United States more than 71,000 children aged 18 and younger are seen in emergency rooms for unintentional overdoses of prescription and over-the-counter drugs. The most common medications accidentally taken by children are acetaminophen (Tylenol), opioids, benzodiazepines, cough and cold medicines, anti-inflammatories (ibuprofen, naproxen...), and antidepressants. More than 100 different pharmaceutical compounds have been detected in lakes, rivers, streams, and reservoirs around the world.

To help dispose of unused medications properly, **Northtown Drug** is a participating pharmacy in the National Community Pharmacist's Association sponsored program called "Dispose My Meds".

Non-controlled, expired or unused medications may be brought to the pharmacy for disposal or pre-paid envelopes may be picked up for personal at-home use. The medications are then shipped to the Sharps Compliance treatment facility for incineration. Upon receipt they are processed, witnessed, and destroyed by the licensed and regulated facility.

The DEA also holds National Drug Take-Back Days for disposal of controlled substances. The dates and locations for that can be found at www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html

The program is intended to prevent children from harm, potential abuse, and pollution in the water system.

Toole County Community Health Improvement Plan: 2017-2019

The vision of the Toole County Health Department is "healthy people living in a healthy community", and the work they perform on a daily basis supports that vision. Beginning in November of 2015, the Toole County Health Department has been diligently working in partnership with community members, local groups and organizations on a Community Health Improvement Plan whose purpose is to identify how to strategically and collaboratively address community priority areas to improve the health and well-being of our community. Working together, a plan has been created that aligns healthcare organizations and other partners in our community to work strategically to improve the health of the people who live, work and play here. From the 2013 Community Needs Assessment, the committee determined mental health; youth risk behavior; and obesity prevention/nutrition and physical activity as the top health priorities within our community and the focus of the improvement plan.

The committee is now in the process of presenting the plan to community members. They have planned presentations to the Shelby Area Chamber of Commerce, Shelby City Council, Sunburst Town Council, School Districts, Marias Medical Center & Marias Health Care staff and boards, Kiwanis, and other interested parties. Please be looking for meeting information in the Shelby Promoter and on KSEN Radio. If you would like to view the plan, please go to the Toole County website (www.toolecountymt.gov), City of Shelby website (www.shelbymt.com), or Marias Medical Center website (www.mmcmmt.org). If you have additional questions, please feel free to call Toole County Health Department Director, Kristi Aklestad at (406) 424-5169.

At times, we all need help. Our parents, family members and elderly friends especially need care and guidance as they make decisions regarding their health, housing, finances and day-to-day matters. This comprehensive list gives you, your family or caregivers resources to consider.

Agency/Entity	Programs/Benefits	Contact Information
Marias Heritage Center	This modern facility has 38 retirement and state- licensed assisted living resident apartments. Studio, one and two bedroom apartments are available. A registered nurse administrator oversees the facility with 24- hour individualized care and security & call systems. Activities are offered daily and transportation is available.	Judy Richman R.N. 406.434.3290
Marias Manor	Spacious one bedroom apartments with a manager on site. Adjacent to the Shelby Senior Center and close to Marias Medical Center.	Nayda Puffer 406.434.5661
Crossroads Housing	One and two bedroom units for residents 55 years and older. A short walk to the Shelby Senior Center and Marias Medical & Health Care Center.	Nayda Puffer 406.434.5661
Shelby Senior Center	In addition to nutritious meals served at the center, meals can be delivered to homes. The center also provides respite care for caregivers and homemaker care to help seniors with light housekeeping and small home projects.	Senior Center 406.434.2992
Marias Medical Center Rehabilitation Department	Physical Therapy Services ~ including inpatient & outpatient care, rehabilitation and therapy. Occupational Therapy Services ~ including inpatient & outpatient care/rehabilitation; stroke & neurological rehabilitation; fractures; wheelchair seating; and activities of daily living.	Rehabilitation Dept. 406.434.3234
Marias Medical Center Social Services	MMC provides a social worker to assist families with financial, medical and mental health issues as they relate to the patient. The social worker is available to assist with Medicaid applications, can answer Medicare questions, and is available to assist with financial assistance for prescriptions.	Brenda Gilmore, BSW 406.434.3281
Marias Care Center	MCC provides 24 hour nursing care that is individualized for residents. They offer both private and semi-private rooms and strive to make the care center as home-like as possible. MMC has a full-time social worker that is available for the transition from home to the care center. The social worker assists with financial, medical and mental health issues as they relate to their loved one. Diets are individualized to meet the needs of each resident.	Brenda Gilmore, BSW 406.434.3281
North Central Area Council on Aging	The Conrad office offers several services to residents of Shelby and Toole County. Services include: <ul style="list-style-type: none"> • State Health & Insurance Assistance Program (SHIP) Free health-benefits counseling & advocacy service for Medicare beneficiaries and their families/caregivers. • Commodity Supplement Food Program • Distribution through Shelby Senior Center • Low Income Energy Assistance Program (LIEAP) • Contact office for application and income guidelines. 	Conrad office 406.271.7553 Toll Free 800.551.3191
Ombudsman Program	The Ombudsman Program is responsible for advocating on behalf of long-term care patients. This includes individuals living in nursing, board and care, and other assisted living facilities.	Conrad office 406.271.4191 Toll Free 800.332.2272
Adult Protective Services	Specialists help protect vulnerable adults from abuse, neglect & exploitation.	Cut Bank office 406.873.2114 Toll Free 800.551.3191
LIEAP- Low Income Energy Assistance	Applications for assistance are available from the North Central Area Agency on Aging. The office is located at 311 So. Virginia, Suite #2 in Conrad. Contact them for more information on income guidelines.	Contact 406.271.7553 800.551.3191
Energy Share of Montana	If you don't qualify for LIEAP or need further assistance with your energy costs you can apply for Energy Share.	Opportunities Inc. 406.761.0310
Weatherization Assistance	If you qualify for LIEAP assistance, you also qualify for weatherization services.	Opportunities Inc. 406.216.3055

If you have access to a computer, please go to the Montana Department of Public Health & Human Services ~ www.dphhs.mt.gov. You can also access Marias Medical Center services at www.mmcmmt.org. These sites are very easy to navigate and have a wealth of information in regard to services available, contact information and explanation of programs.

* MAKING SPIRITS BRIGHT *

SPONSORED BY THE SHELBY MERCHANTS ASSOCIATION

Saturday, November 26 - Shop Small Saturday - The third annual "Browse and Brunch" will give shoppers a chance to browse local shops while grabbing a bite to eat at each participating store. Warm sausage biscuits, fruit kabobs, cinnamon rolls, muffins and juice have been served in the past.

Sunday, December 4 - Christmas Stroll & Chili Feed - The annual tradition of food and music will continue. Start out with chili and cornbread sponsored by the Shelby Area Chamber of Commerce before you enjoy music by local students, churches and groups hosted by local businesses.

December 9 - 10 - "Have a Ball Shopping in Shelby" - The popular "Rockin' and Shoppin' Christmas" will be reworked this year as Shelby welcomes basketball fans from around the state to town this weekend. Specials and contests for locals and visitors will entice shoppers all weekend, including Friday evening as businesses stay open late.

December 17 - "Family Day" - All kinds of activities for the kids will happen in uptown Shelby on this day. The traditional Christmas movie, marshmallow toasting and hay rides are planned.

December 23-24 - "Last Chance Christmas Dash" - Look for specials in all the stores for those last-minute gifts. Most shops will be open for business on Christmas Eve with early closing.

Shelby Christmas Village - "Making Spirits Bright"
Lake Sheloole RV Park

The Shelby Christmas Village will be held at the Lake Sheloole RV Park, and will be open for public admission from 5 - 8 pm on the following days.
December 4, 9-11, 16-17
 Admission \$5 per car

Come and enjoy the spirit of the season at the Christmas Village!

●●● CHAMBER UPDATE ●●●

The Shelby Area Chamber of Commerce and Merchants Association will once again be hosting the Christmas Stroll to kick off the Christmas holiday season. The Stroll and chili feed are scheduled for Sunday Dec. 4th. New this year is the Christmas Village at Lake Sheloole Campground during the December weekends.

The upcoming hosts for the Chamber After Hours are: Tuesday, November 15 at Edward Jones Investments and December 13 at the Comfort Inn & Suites. These events are **open to the public** and always include refreshments, great door prizes, a 50/50 drawing and always informative and FUN!

The new Chamber Coupon Book should be available for sale around the first part of November and feature some new coupons. The public can purchase them at the Chamber office, Prairie Peddler, Larson Clothing, Spa 30 & Boutique and from the SHS/Jr. High wrestlers and FFA members. The Chamber will once again offer a discount of \$5 off the cost of a second book if you purchase 2 books at the same time. The Coupon Books are great to use for holiday gifts and save you money on **your** holiday shopping.



It is not too early to be thinking of your Christmas shopping list and the Shelby Area Chamber of Commerce encourages you to shop locally. Your community merchants rely on your patronage all year long but a large part of their annual income comes during the holiday season. Our local businesses are the ones who support local fundraising efforts for our students, athletes, yearbook ads, 4-H animal sales, and more. Watch for their extended hours during the holiday season.

TOP TEN REASONS TO SHOP LOCALLY

10. Local stores carry locally produced/crafted products that support local Ag producers, artists and craftsmen.
9. Local business owners contribute to local fundraising and charitable efforts. Our local businesses contribute thousands of dollars each year to school projects, fundraising efforts and charitable gifts to those in need.
8. Local businesses provide a majority of jobs in our community. Shelby is built on the numerous small employers who provide good job opportunities.
7. Local businesses support other local businesses. Businesses support one another as they know the value of investing in our community.
6. The business community is reflective of our community's unique culture. Main Street reflects our unique and charming appeal. Shelby is one-of-a-kind!
5. Shopping local keeps our money local which pays wages, utilities, taxes and reinvestment in our community.
4. Local businesses provide expertise and product knowledge. Local businesses know their products and they know our needs as customers.
3. Local businesses provide great customer service. They know us and truly appreciate our business. Who else would go the extra mile for us?
2. Local businesses invest in our community and care about the future of Shelby.
1. My hometown, Shelby is more important than a cheap item found on-line or in the bigger cities! Think LOCAL!



CITY OF
SHELBY
M O N T A N A

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